

Hello and Respect

I am Hossein Mohammadi from Iran. I got a PhD degree in exercise physiology (sport Biochemistry and Metabolism) from university of Birjand in Iran (04/2018). I am as Assistant Professor at the Higher Education Institute of Vahdat in Iran. Also, I have health center in my town and am working on overweight and obese that are involved fatty liver disease with diabetes in order to weight loss and corrective exercises.

I have been work on Delayed Onset Muscle Soreness and The Repeated Bout Effect (2012 – 2022). I have 11 articles in delayed onset muscle soreness inflammatory markers(cytokines) , muscle damage and fatigue, rest intervals and set - repetition configuration during eccentric exercises. I am married and have a 9 years old daughter. I am trying for my family future and improvement in my investigations field.

I need to say that in 2020, I wrote a proposal about (Evaluation and Comparison of different intensities of resistance training, HIIT and MCIT training on lipid profile and enzymatic and non-enzymatic markers of liver function in overweight and obese adolescents with nonalcoholic fatty liver disease) that was approved as postdoc plan in Federal University of Rio de Janeiro (Supervisor: Professor Estelio Dantas). Unfortunately, the scholarship was canceled.

Also, I wrote another postdoc proposal in term of To Examine the Effects of low- and high-intensity Aerobic and Resistance Training Programs on Blood-Based Biomarkers of Neurodegeneration, Cognition and physical function in Middle-Aged Adults at Risk for Alzheimer's Disease for Professor Maryam Ziaei Research Group in Norway a few years ago. unfortunately, they reported that the program was canceled.

In 2024, I wrote MSCA postdoc proposal in term of The effect of Physical Activity and Diet Intervention on MicroRNAs Expression and its relationship with health related variables in Middle-Aged Adults with type 2 Diabetes Mellitus at Risk for Alzheimer's Disease at University of Kadiz (Supervisor: Professor Jesus Gustavo Ponce Gonzalez), Spain that my total score was 48.60, because I had no enough time to write and I had to write in about 24 hours.

To be honest, after graduating in PhD in 2018, I was looking for a position in another country in order to improve in my investigations, so, I really like to work with you, if you accept me. Please help me and understand my situations.
Please...

Sincerely
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